

### Zeitplan QV Region 7 Ingelheim Sa. 12.03. 2022

| Zeit                             | Tisch 1              | Tisch 2        | Tisch 3      | Tisch 4      | Tisch 5      | Tisch 6      | Tisch 7      | Tisch 8          | Tisch 9      | Tisch 10         | Tisch 11     | Tisch 12     | Tisch 13     | Tisch 14         | Tisch 15     | Tisch 16     |
|----------------------------------|----------------------|----------------|--------------|--------------|--------------|--------------|--------------|------------------|--------------|------------------|--------------|--------------|--------------|------------------|--------------|--------------|
| Bis 09:45                        | TRAININGSMÖGLICHKEIT |                |              |              |              |              |              |                  |              |                  |              |              |              |                  |              |              |
| 09:45                            | ERÖFFNUNG            |                |              |              |              |              |              |                  |              |                  |              |              |              |                  |              |              |
| 10:00                            | HE Ü60 G1 R1         | HE Ü60 G1 R1   | HE Ü60 G2 R1 | HE Ü60 G2 R1 | HE Ü60 G3 R1 | HE Ü60 G3 R1 | HE Ü70 G1 R1 | HE Ü70 G1 R1     | HE Ü70 G2 R1 | HE Ü70 G2 R1     | HE Ü75 G1 R1 | HE Ü75 G1 R1 | HE Ü65 G1 R1 | HE Ü65 G1 R1     | HE Ü65 G2 R1 | HE Ü65 G2 R1 |
| 10:30                            | HE Ü60 G1 R2         | HE Ü60 G1 R2   | HE Ü60 G2 R2 | HE Ü60 G2 R2 | HE Ü60 G3 R2 | HE Ü60 G3 R2 | HE Ü70 G1 R2 | HE Ü70 G1 R2     | HE Ü70 G2 R2 | HE Ü70 G2 R2     | HE Ü75 G1 R2 | HE Ü75 G1 R2 | HE Ü65 G1 R2 | HE Ü65 G1 R2     | HE Ü65 G2 R2 | HE Ü65 G2 R2 |
| 11:00                            | HE Ü60 G1 R3         | HE Ü60 G1 R3   | HE Ü60 G2 R3 | HE Ü60 G2 R3 | HE Ü60 G3 R3 | HE Ü60 G3 R3 | HE Ü70 G1 R3 | HE Ü70 G1 R3     | HE Ü70 G2 R3 | HE Ü70 G2 R3     | HE Ü75 G1 R3 | HE Ü75 G1 R3 | HE Ü65 G1 R3 | HE Ü65 G1 R3     | HE Ü65 G2 R3 | HE Ü65 G2 R3 |
| 11:30                            | HE Ü80 R1            | HE Ü80 R1      | HE Ü80 R1    | DE Ü60 R1    | DE Ü60 R1    | DE Ü60 R1    | HD Ü60 VF    | HD Ü60 VF        | HD Ü70 HF    | HD Ü70 HF        | HE Ü75 G1 R4 | HE Ü75 G1 R4 | HD Ü65 HF    | HD Ü65 HF        | DE Ü65 R1    | DE Ü65 R1    |
| 12:00                            | HE Ü80 R2            | HE Ü80 R2      | HE Ü80 R2    | DE Ü60 R2    | DE Ü60 R2    | DE Ü60 R2    | HD Ü60 HF    | HD Ü60 HF        | HE Ü70 HF    | HE Ü70 HF        | HE Ü75 G1 R5 | HE Ü75 G1 R5 | HE Ü65 HF    | HE Ü65 HF        | DE Ü65 R2    | DE Ü65 R2    |
| 12:30                            | HE Ü80 R3            | HE Ü80 R3      | HE Ü80 R3    | DE Ü60 R3    | DE Ü60 R3    | DE Ü60 R3    | HE Ü60 VF    | HE Ü60 VF        | HD Ü70 F     |                  | HD Ü75 HF    | HD Ü75 HF    | HD Ü65 F     |                  | DE Ü65 R3    | DE Ü65 R3    |
| 13:00                            | HE Ü80 R4            | HE Ü80 R4      | HE Ü80 R4    | DE Ü60 R4    | DE Ü60 R4    | DE Ü60 R4    | HE Ü60 HF    | HE Ü60 HF        | HE Ü70 F     | HE Ü70 Sp. Pl. 5 | HD Ü75 F     |              | HE Ü65 F     | HE Ü65 Sp. Pl. 5 | DE Ü65 R4    | DE Ü65 R4    |
| 13:30                            | HE Ü80 R5            | HE Ü80 R5      | HE Ü80 R5    | DE Ü60 R5    | DE Ü60 R5    | DE Ü60 R5    | HD Ü60 F     |                  | HE Ü85 F     |                  |              |              |              |                  | DE Ü65 R5    | DE Ü65 R5    |
| 14:00                            |                      | HD Ü80 R1      |              | DD Ü60 R1    |              |              | HE Ü60 F     | HE Ü60 Sp. Pl. 3 |              |                  |              |              |              |                  | DD Ü65 F     |              |
| 14:30                            |                      | HD Ü80 R2      |              | DD Ü60 R2    |              |              |              |                  |              |                  |              |              |              |                  |              |              |
| 15:00                            |                      | HD Ü80 R3      |              | DD Ü60 R3    |              |              |              |                  |              |                  |              |              |              |                  |              |              |
| <b>Siegerehrung im Anschluss</b> |                      |                |              |              |              |              |              |                  |              |                  |              |              |              |                  |              |              |
|                                  | Seniorinnen 60       | Seniorinnen 65 |              |              |              |              | Senioren 60  | Senioren 65      | Senioren 70  | Senioren 75      | Senioren 80  | Senioren 85  |              |                  |              |              |

### Zeitplan QV Region 7 Ingelheim So. 13.03. 2022

| Zeit                             | Tisch 1              | Tisch 2         | Tisch 3        | Tisch 4          | Tisch 5      | Tisch 6          | Tisch 7      | Tisch 8          | Tisch 9      | Tisch 10     | Tisch 11     | Tisch 12     | Tisch 13     | Tisch 14     | Tisch 15     | Tisch 16     |
|----------------------------------|----------------------|-----------------|----------------|------------------|--------------|------------------|--------------|------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| Bis 09:45                        | TRAININGSMÖGLICHKEIT |                 |                |                  |              |                  |              |                  |              |              |              |              |              |              |              |              |
| 09:45                            | ERÖFFNUNG            |                 |                |                  |              |                  |              |                  |              |              |              |              |              |              |              |              |
| 10:00                            | HE Ü40 G1 R1         | HE Ü40 G1 R1    | HE Ü40 G2 R1   | HE Ü40 G2 R1     | HE Ü45 G1 R1 | HE Ü45 G2 R1     | HE Ü45 G2 R1 | HE Ü45 G3 R1     | HE Ü45 G3 R1 | HE Ü50 G1 R1 | HE Ü50 G2 R1 | HE Ü50 G2 R1 | HE Ü50 G3 R1 | HE Ü50 G3 R1 | DE Ü50 G1 R1 | DE Ü50 G1 R1 |
| 10:30                            | HE Ü40 G1 R2         | HE Ü40 G1 R2    | HE Ü40 G2 R2   | HE Ü40 G2 R2     | HE Ü45 G1 R2 | HE Ü45 G2 R2     | HE Ü45 G2 R2 | HE Ü45 G3 R2     | HE Ü45 G3 R2 | HE Ü50 G1 R2 | HE Ü50 G2 R2 | HE Ü50 G2 R2 | HE Ü50 G3 R2 | HE Ü50 G3 R2 | DE Ü50 G1 R2 | DE Ü50 G1 R2 |
| 11:00                            | HE Ü40 G1 R3         | HE Ü40 G1 R3    | HE Ü40 G2 R3   | HE Ü40 G2 R3     | HE Ü45 G1 R3 | HE Ü45 G2 R3     | HE Ü45 G2 R3 | HE Ü45 G3 R3     | HE Ü45 G3 R3 | HE Ü50 G1 R3 | HE Ü50 G2 R3 | HE Ü50 G2 R3 | HE Ü50 G3 R3 | HE Ü50 G3 R3 | DE Ü50 G1 R3 | DE Ü50 G1 R3 |
| 11:30                            | HE Ü40 G1 R4         | HE Ü40 G1 R4    | HE Ü40 G2 R4   | HE Ü40 G2 R4     | HE Ü55 G1 R1 | HE Ü55 G2 R1     | HE Ü55 G2 R1 | HE Ü55 G3 R1     | HE Ü55 G3 R1 | DE Ü45 G1 R1 | DE Ü45 G1 R1 |              | DE Ü40 G1 R1 | DE Ü40 G1 R1 | DE Ü50 G1 R4 | DE Ü50 G1 R4 |
| 12:00                            | HE Ü40 G1 R5         | HE Ü40 G1 R5    | HE Ü40 G2 R5   | HE Ü40 G2 R5     | HE Ü55 G1 R2 | HE Ü55 G2 R2     | HE Ü55 G2 R2 | HE Ü55 G3 R2     | HE Ü55 G3 R2 | DE Ü45 G1 R2 | DE Ü45 G1 R2 |              | DE Ü40 G1 R2 | DE Ü40 G1 R2 | DE Ü50 G1 R5 | DE Ü50 G1 R5 |
| 12:30                            | HD Ü40 VF            |                 | HD Ü50 VF      | HD Ü50 VF        | HE Ü55 G1 R3 | HE Ü55 G2 R3     | HE Ü55 G2 R3 | HE Ü55 G3 R3     | HE Ü55 G3 R3 | DE Ü45 G1 R3 | DE Ü45 G1 R3 |              | DE Ü40 G1 R3 | DE Ü40 G1 R3 | DD Ü50 HF    | DD Ü50 HF    |
| 13:00                            | HD Ü40 HF            | HD Ü40 HF       | HD Ü50 HF      | HD Ü50 HF        | HD Ü55 VF    | HD Ü55 VF        | HD Ü45 VF    | HD Ü45 VF        |              | DE Ü45 G1 R4 | DE Ü45 G1 R4 |              |              | DD Ü40 F     |              | DD Ü50 F     |
| 13:30                            |                      | HE Ü40 Sp. Pl.5 | HE Ü50 VF      | HE Ü50 VF        | HD Ü55 HF    | HD Ü55 HF        | HD Ü45 HF    | HD Ü45 HF        |              | DE Ü45 G1 R5 | DE Ü45 G1 R5 |              |              |              |              |              |
| 14:00                            | HE Ü40 HF            | HE Ü40 HF       | HE Ü50 HF      | HE Ü50 HF        | HE Ü55 VF    | HE Ü55 VF        | HE Ü45 VF    | HE Ü45 VF        |              | DD Ü45 F     |              |              |              |              |              |              |
| 14:30                            | HD Ü40 F             |                 | HD Ü50 F       |                  | HE Ü55 HF    | HE Ü55 HF        | HE Ü45 HF    | HE Ü45 HF        |              |              |              |              |              |              |              |              |
| 15:00                            | HE Ü40 F             |                 | HE Ü50 F       | HE Ü50 Sp. Pl. 5 | HD Ü55 F     |                  | HD Ü45 F     |                  |              |              |              |              |              |              |              |              |
| 15:30                            |                      |                 |                |                  | HE Ü55 F     | HE Ü55 Sp. Pl. 5 | HE Ü45 F     | HE Ü45 Sp. Pl. 5 |              |              |              |              |              |              |              |              |
| <b>Siegerehrung im Anschluss</b> |                      |                 |                |                  |              |                  |              |                  |              |              |              |              |              |              |              |              |
|                                  | Seniorinnen 40       | Seniorinnen 45  | Seniorinnen 50 |                  |              | Senioren 40      | Senioren 45  | Senioren 50      | Senioren 55  |              |              |              |              |              |              |              |